

Sewing: Day School - Mixed Ability

This is a one day course that could benefit learners with existing sewing experience who wish to develop or improve their skills to produce a professionally made garment.

If you are looking for a course to improve or maintain your mental health and wellbeing, why not book onto one of our courses from the Managing mental health and well-being offer?

Start Date: 02 July 2026
Start Time: 09:30
Lessons: 1
Weeks: 1
Hours: 6.00

Venue

Rochester Adult Education Centre
Rochester Community Hub
Eastgate
ME1 1EW

What Will I Learn On This Course?

Learners will:

1. Further develop and demonstrate the workings of the commercial pattern for one project and assemble the project professionally using suitable fabric.

Not all of the above is achievable in one day course, it may be necessary to book more Fridays or join a 10/15 week course.

Whether you would like to learn new creative skills or to investigate the possibility of a new dressmaking -based career, MAE Community Learning courses can provide you with a stepping stone to progress

Is This Course Suitable For Me?

This course is suitable for students of all abilities but some sewing and machine skills would be helpful

Is There Anything Else I Need To Know About This Course?

Please be aware that whilst this course is practical in nature some sessions will include theory and professional related training such as H&S, risk assessments, public liability etc

Learners will need the following tools and equipment please do not purchase until you are sure the course will run:

This course is suitable for students of all abilities but some sewing and machine skills would be helpful. Beginners could join and would work on a simple garment all patterns and fabrics for the workshop can be purchased after discussion with the tutor.

You will need to bring with you:

- Sharp dressmakers' scissors
 - Pins
 - Tape measure
 - Threads x 2
 - Sellotape
 - Notebook and pen
 - A bobbin or 2
 - Marking chalk (purchased after discussion with the tutor)
- Commercial pattern and fabric (new learners will purchase these items after discussion with the tutor).

Will There Be Additional Costs?

The additional fabric called interfacing when needed will be ordered and purchased from the tutor.

What Could I Go On To Do After This Course?

Your tutor can talk to you about another subject related course available.

Medway Adult Education works with many partners locally such as MidKent College, Medway School of Arts and the University of Kent; information about their courses can be found in our studios, café and on Moodle. Medway has an exciting and wide-range of events, exhibitions and activities to inspire and help you make further progress - please see the community noticeboards in the Rochester Centre and again on Moodle. Your tutor will be able to talk through your individual progression options.

If you wish to explore your learning, work or career options, you can speak to a fully trained careers advisor on 0800 100 900. <https://nationalcareersservice.direct.gov.uk>

If you need further advice please telephone 01634 338400.

What Is The Attendance Policy?

Single session-

This is one session course- please attend for the duration of the lesson. If you enrol and then cannot attend, please inform us as soon as possible on 01634 338400 so that your place can be given to someone else.

Health & Safety

Health and Safety Disclaimer

By participating in the live class, you accept that you understand that dressmaking involves potentially hazardous tools and equipment and that such activity carries the risk of injury. You understand that it is your responsibility to judge your motor skills and physical ability.

It is your responsibility to ensure that by participating in classes and activities from Medway Adult Education, you will not exceed your limits while performing such activity, and you will select the appropriate level of task for your skills and abilities.

You understand that this is a dressmaking activity and you will need to be suitably dressed, you will need protect your work surface and be mindful of the correct Health & Safety processes when working with dressmaking tools. MAE is not responsible for damage to items in your house / home or person.

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